

Talking about mental health is not a failure



Youth Mental Health First Aid 精神健康急救(關懷青少年)課程 (Internationally Accredited Course)

Certificate
course



19, 26 Oct
2, 9 Nov 2023
(Thur)

Time: 14:30-18:00

Venue: Shek Mun Campus
Language: Cantonese
Target: All SCE Students

On completion of the course,
participants will receive a
Youth Mental Health First Aid
certificate issued by the
Mental Health Association of
Hong Kong.

完成十四小時課程後可獲發精
神健康急救(關懷青少年)課程證
書。

Please scan QR code for
Registration :



<https://bit.ly/45dDdpe>

- Preserving Life by preventing situation getting worse
- Learn about signs and symptoms of common mental health problems
- Learn how to offer help to people with mental health problem
- Learning more about mental health

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Identify. Understand. Aware