



SRL

Bachelor of Social Sciences (Honours) in Sport and Recreation Leadership

2022-23 Full-time Undergraduate Programme
for Associate Degree & Higher Diploma Graduates

Admissions

2022

(Year 3 Entry)

Bachelor of Social Sciences (Honours) in Sport and Recreation Leadership

運動及康樂領袖學社會科學學士 (榮譽) 學位課程



Award

Bachelor of Social Sciences (Honours) in Sport and Recreation Leadership awarded by Hong Kong Baptist University



This programme is offered by the College of International Education, Hong Kong Baptist University for holders of Associate Degree (AD) or Higher Diploma (HD) who wish to develop a career in the sport and recreation industry. The degree programme also introduces individuals to interesting research areas and potential postgraduate study.

Programme Features

- Prepares students to provide sport and recreation services for the mainstream as well as different sectors of the population, including people with special needs or requiring special attention, such as the elderly and those with physical or intellectual disabilities;
- Integrates broad-based academic knowledge with practical training;
- Helps students gain valuable working experiences in different sport and recreation organisations, through extensive professional placements (500 hours of internship over a period of two years);
- Equips students to become sport and recreation professionals with sound knowledge foundations of human development and a strong sense of social responsibility for community services.



The Bachelor of Social Sciences (Hons) in Sport and Recreation Leadership programme (2-year top-up degree programme) equips students with knowledge and practical skills to serve people of the general public, in particular, special populations in the sport and recreation industries.

Dr. Heather Kwok | Programme Coordinator

Career Prospects

- Sport executives for organisations serving people with/without special needs
- Recreation programme coordinators in community center serving people with/without special needs
- Recreation officers in civil services
- Sport executives in national sport organisations
- Fitness consultants to the fitness industry
- Officers in disciplinary forces
- Teachers / Lecturers in education sector

Programme Structure

This four-year full-time honours undergraduate programme caters for Associate Degree graduates concentrated in sport and recreation. Students with an Associate of Science in Sport and Recreation Studies or equivalent may apply for direct admission to Year Three of the programme and to complete a total of 66 units for graduation.

Associate Degree graduates of other disciplines are required to complete certain prerequisites, including University Core, General Education and Free Elective Courses required by Hong Kong Baptist University. The exact courses to be exempted and the number of prerequisites to be completed shall be considered on a case-by-case basis upon admission.

Specifically, students are required to complete 51 units of Major Required Courses, 12 units of Major Elective Courses and 3 units of General Education Capstone Course.

Year 1 & Year 2

UNIVERSITY CORE (13 UNITS)

The University Core is a requirement in the undergraduate curriculum which aims at providing students with the essential and transferable knowledge and skills that help them lead successful lives both during and following their university education, and ultimately supporting the University's commitment to develop the Graduate Attributes among students.

- University English[♦]
- University Chinese[♦]
- Healthy Lifestyle[♦]
- The Art of Persuasion[♦]

GENERAL EDUCATION (15 UNITS)

The General Education (GE) Programme provides the foundation of a well-rounded university education. The goal of the programme is to promote Whole Person Education (WPE) through exposure to a range of transferable skills, guiding principles, and attitudes that all students will need in their future professional and personal lives.

- Level 1 Foundational Courses[#]
- Level 2 Interdisciplinary Thematic Courses

[♦] For Associate Degree or Higher Diploma applicants, a block transfer of University Core Courses will be granted.

[#] For Associate Degree applicants, a block transfer of 9 units will be granted.

PROGRAMME PREREQUISITE / FREE ELECTIVE COURSES (34 UNITS)

Students should have taken 6 concentration courses as prerequisites in their Associate Degree or Higher Diploma studies, including Introduction to Leisure, Sport and Recreation; Scientific Foundations to Human Movement; Tests and Measurement in Sport and Recreation; Health and Fitness; Management of Sport and Recreation Programmes and Understanding Statistical Data. Free Elective Courses are normally exempted for Associate Degree or Higher Diploma graduates seeking for year 3 entry.

Remarks:

1. The number of courses/units the students are required to complete will depend on the number of courses/units for which exemption and/or unit transfer will be granted. All unit transfer or course exemption shall be considered on a case-by-case basis upon admission. Students are required to complete all programme prerequisites, University Core and GE courses to meet the graduation requirement.
2. Unit transfer equivalent to 28 units of University Core and GE courses will be considered by the Programme management on a case-by-case basis.
3. Make-up courses may be required on admission.
4. Students are required to complete a non-credit bearing University Life programme.

Practical Experience - Outdoor Camping

Students enjoyed the practical experiential learning during the Outdoor Recreation and Adventure Education Programming course. They experienced outdoor camping, and developed teamwork and adventure skills through this activity.



Year 3 & Year 4

MAJOR REQUIRED COURSES (51 UNITS)

- Individual Differences in Cognition, Learning and Skill Acquisition
- Internship I & II
- Individual Differences in Physical Attributes and Movement Patterns
- Life-span Development
- Scientific Principles of Human Movement
- Communication for Sport and Recreation Leaders
- Recreation Leadership
- Recreation Programming and Programme Evaluation
- Research Methods
- Honours Project I & II
- Design and Management of Sport and Recreation Facilities
- Financial and Human Resources Management in Sport and Recreation
- Sport and Recreation for Persons with Physical and Intellectual Disabilities
- Health Fitness Assessment and Exercise Prescription
- Marketing in Sport and Recreation

MAJOR ELECTIVE COURSES (12 UNITS)

- Nutrition and Health
- Prevention and Care of Sport Injuries
- Planning and Leading Rhythmic Activities
- Leisure Education
- Planning and Leading Inclusive Games and Activities
- Leisure Counselling
- Outdoor Recreation and Adventure Education Programming
- Planning and Leading Water Activities
- Sports for Persons with Special Needs
- Nutrition for Health and Sports Performance

GENERAL EDUCATION CAPSTONE COURSE (3 UNITS)

- Social Inclusion in Outdoor Recreation and Adventure Education Programming*

* Pending for approval

Remark:

The University reserves the right to make changes to these courses without prior notice.



128 UNITS



Alumni Sharing



Law Hiu Nam, Vicky (Graduate of 2009)

Senior Grade Teacher (APSM),
Panel Head of PE Section
(Evangelize China Fellowship Holy Word School)

“Apart from the knowledge acquired from textbooks, I've gained a lot through practical experience and learned from mistakes.”



Chan Ka Wing (Graduate of 2017)

Assistant Scientific Conditioning Coach

“The best time to start was yesterday.
The next best time is now.”



Keung Tak Fai, Donald (Graduate of 2014)

Registered Physiotherapist
in private hospital

“Your attitude, not your aptitude,
will determine your altitude.”

Campus

The programme is offered at the Hong Kong Baptist University's Shek Mun (Shatin) Campus, which is located next to the Shek Mun Station of MTR Tuen Ma Line. With a gross floor area of 30,000m², the campus provides full university facilities, including indoor heated swimming pool, gymnasium, fitness room, dance room, auditorium, multimedia laboratories, library and learning commons. Special learning facilities such as bioeco laboratory, creative science laboratory, food sensory laboratory, testing and analytical laboratory, food and nutritional science laboratory, active living laboratory, social science research laboratory, media communication laboratory, psychology laboratory and child assessment centre are also set up to provide students with practical experiences in their areas of study.

Tuition Fee

HKD87,450 per year. Students are required to complete 66 units in two years at HKD2,650 per unit (Total HKD174,900).

The annual tuition fee is paid in two equal instalments, normally before the start of the first and the second semesters. For newly enrolled undergraduate students, HKD15,000 of the first installment plus some fees will have to be paid by the applicants for acceptance of their admission offers and the balance will have to be paid in late August. Students are required to pay full tuition fees per semester during the normal period of study, regardless of the number of units enrolled in the semester.

For students who are required to take make-up course(s) to fulfill the programme prerequisites, University Core and/or GE courses, additional tuition fee for the make-up course(s) will be charged at HKD1,790 per unit.

Financial Assistance

Full-time local students may apply for the Financial Assistance Scheme for Post-secondary Students (FASP) and the Non-means-tested Loan Scheme for Post-secondary Students (NLSPS) administered by the Student Finance Office (SFO) under the Working Family and Student Financial Assistance Agency (WFSFAA), HKSAR Government. For more information, students should contact the SFO or visit its website at www.wfsfaa.gov.hk.

Admission Requirements

To be eligible for admission, a candidate should hold

- an Associate Degree (AD) from any of the local/overseas recognised institutions; or
- a Higher Diploma (HD) from any recognised institutions.

Candidates who possess equivalent qualifications are to be assessed on a case-by-case basis.

Students are expected to complete all programme prerequisites and GE courses in their Associate Degree / Higher Diploma studies. Otherwise, they may have to complete additional units of study to make up for the programme prerequisites and GE courses at College of International Education (CIE), Hong Kong Baptist University.

Apply Online Now!



cie.hkbu.edu.hk/t/admissions-ug

The University accepts both online and paper application. Applicants may apply for more than one programme if they wish to. A non-refundable and non-transferable application fee for EACH applied programme will be charged at HKD450.



Enquiries

For enquiries concerning the application procedure, please contact Academic Registry Services Section.

☎ 3411 3044

📅 3411 3361

✉ spadmit@hkbu.edu.hk

🌐 cie.hkbu.edu.hk

🏠 Hong Kong Baptist University (Shek Mun Campus)
13/F, 8 On Muk Street, Shek Mun, Shatin, New Territories

For further information about the programme, please contact the programme team.

☎ 3411 3107

📅 3411 3357

✉ busrl@hkbu.edu.hk