

Bachelor of Social Sciences (Honours) in SPORT AND RECREATION LEADERSHIP

運動及康樂領袖學社會科學學士 (榮譽) 學位課程

PROGRAMME FEATURES 課程特色

This programme equips students to become sport and recreation professionals with sound knowledge of human development and a strong sense of social responsibility for community services.

- Prepares students to provide sport and recreation services for the mainstream as well as different sectors of the population, including the elderly and children with special education needs (SEN);
- Integrates broad-based academic knowledge with practical training;
- Helps students gain valuable working experiences in different sport and recreation organisations, through extensive professional placement (500 hours of internship over a period of two years).

本課程旨在培訓同學成為運動及康樂行業的專才，建立他們對人類體能發展的認知，以及培養他們對社區服務的責任感。

- 培訓同學向大眾及不同需要人士提供運動及康樂服務，服務對象包括長者及有特殊教育需要的兒童；
- 綜合廣泛學術理論，輔以培訓實踐所學；
- 安排同學於不同運動及康樂機構實習培訓(兩年內完成500小時實習)，從而汲取寶貴的工作經驗。



CAREER PROSPECTS 就業前景

- Sport executives for organisations serving people with/without special needs
- Recreation programme coordinators in community centre serving people with/without special needs
- Recreation officers in civil services
- Sport executives in national sport organisations
- Fitness consultants to the fitness industry
- Officers in disciplinary forces
- Teachers/Lecturers in education sector
- 社福機構體育幹事
- 社區中心康體活動統籌主任
- 公共事務機構康體主任
- 體育總會體育幹事
- 健身顧問
- 紀律部隊人員
- 教育工作者

PROGRAMME STRUCTURE 課程結構

MAJOR CORE COURSES (51 UNITS)

- Individual Differences in Cognition, Learning and Skill Acquisition
- Internship I & II
- Individual Differences in Physical Attributes and Movement Patterns
- Life-span Development
- Scientific Principles of Human Movement
- Communication for Sport and Recreation Leaders
- Recreation Leadership
- Recreation Programming and Programme Evaluation
- Research Methods
- Honours Project I & II
- Design and Management of Sport and Recreation Facilities
- Financial and Human Resources Management in Sport and Recreation
- Sport and Recreation for Persons with Physical and Intellectual Disabilities
- Health Fitness Assessment and Exercise Prescription
- Marketing in Sport and Recreation

MAJOR ELECTIVE COURSES (12 UNITS)

- Nutrition and Health
- Prevention and Care of Sport Injuries
- Planning and Leading Rhythmic Activities
- Leisure Education
- Planning and Leading Inclusive Games and Activities
- Leisure Counselling
- Outdoor Recreation and Adventure Education Programming
- Planning and Leading Water Activities
- Sports for Persons with Special Needs

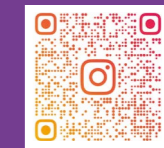
GENERAL EDUCATION CAPSTONE COURSE (3 UNITS)

- Social Inclusion in Outdoor Recreation and Adventure Education Programming*

* This GE capstone course will be open to all self-funded undergraduate students. Students may select a GE capstone course offered by different self-funded undergraduate programmes.

Remarks:

The College reserves the right to make changes to these courses without prior notice.



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ALUMNI SHARING 校友分享



LEUNG CHUNG KUEN, KEN
(GRADUATE OF 2018)

ASSISTANT MANAGER

HONG KONG PHAB ASSOCIATION
JOCKEY CLUB PHAB CAMP

“ This programme has taught me how to resolve conflict effectively and maintain professionalism in the workplace. ”

TUITION FEE 學費

For local applicants:
本地生申請:

HK\$44,600

per semester 學期

Students are required to complete 66 units in two years at HK\$2,703 per unit.

同學須於2年內完成 66 學分，每學分為 HK\$2,703。

For non-local applicants:
非本地生申請:

HK\$47,306 per semester 學期;
at HK\$2,867 per unit 學分